



## **Recommendations for denture cleaning**

### **Acrylic resin dentures**

- 1 Rinse denture after every meal and remove debris by brushing with a soft brush, soap and cold water.
- 2 Soak denture in a soaking solution (Dentural™ or Steradent™) for 20 minutes in the evening.
- 3 Rinse thoroughly with cold water and soak in cold water overnight.

### **Metal and acrylic resin**

- 1 Rinse denture after every meal and remove debris by brushing with a soft brush, soap and cold water.
- 2 Soak denture in an alkaline peroxide solution (e.g. Steradent™) for 15 minutes or an alkaline hypochlorite solution (e.g. Dentural™) for 10 minutes in the evening.
- 3 Rinse denture thoroughly with cold water and soak in cold water overnight.
- 4 Do not use acid cleansers (e.g. Denclen™)

### **Temporary soft linings**

- 1 Rinse denture after every meal with cold water.
- 2 Soak denture in an alkaline hypochlorite solution (e.g. Dentural™ or Milton™) for 20 minutes.
- 3 Rinse denture thoroughly with cold water.
- 4 Do not use alkaline peroxide cleansers. (e.g. Steradent™)

### **Permanent soft lining**

- 1 Rinse denture after every meal and remove debris by brushing with a soft brush, soap and cold water.
- 2 Soak denture in an alkaline hypochlorite solution (e.g. Dentural™ or Milton™) for 20 minutes in the evening.
- 3 Rinse denture thoroughly with cold water and soak in cold water overnight.